

THE HONORABLE KEN WILBER, CHAIRMAN



NASHVILLE AREA

Metropolitan Planning Organization

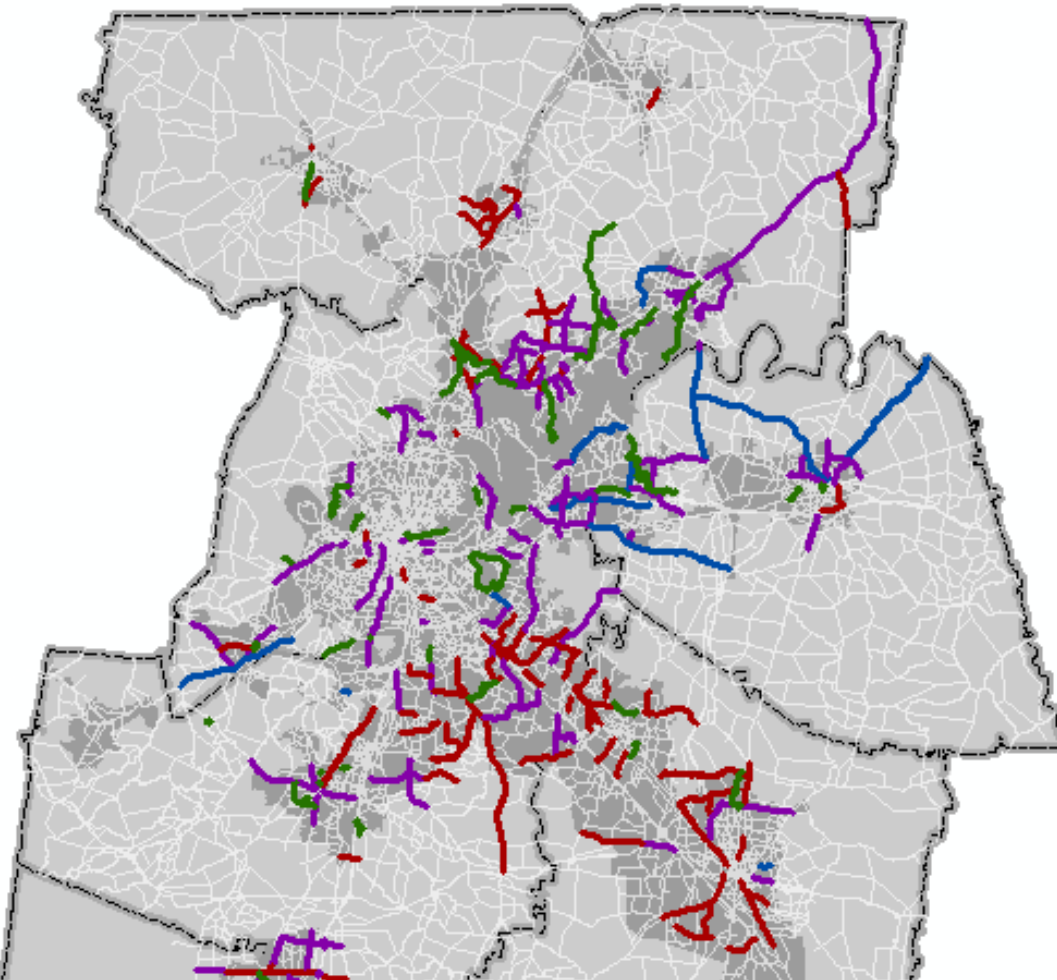
Active Transportation: The Foundation of Safe and Healthy Cities

Leslie Meehan, AICP

New Partners for Smart Growth Conference

January 30, 2015

Success: More Complete Streets



70% of adopted roadway projects include sidewalks, bicycle lanes, or shared-use lanes (up from 2%)

➡ 70% STP \$ to roadway projects to improve health

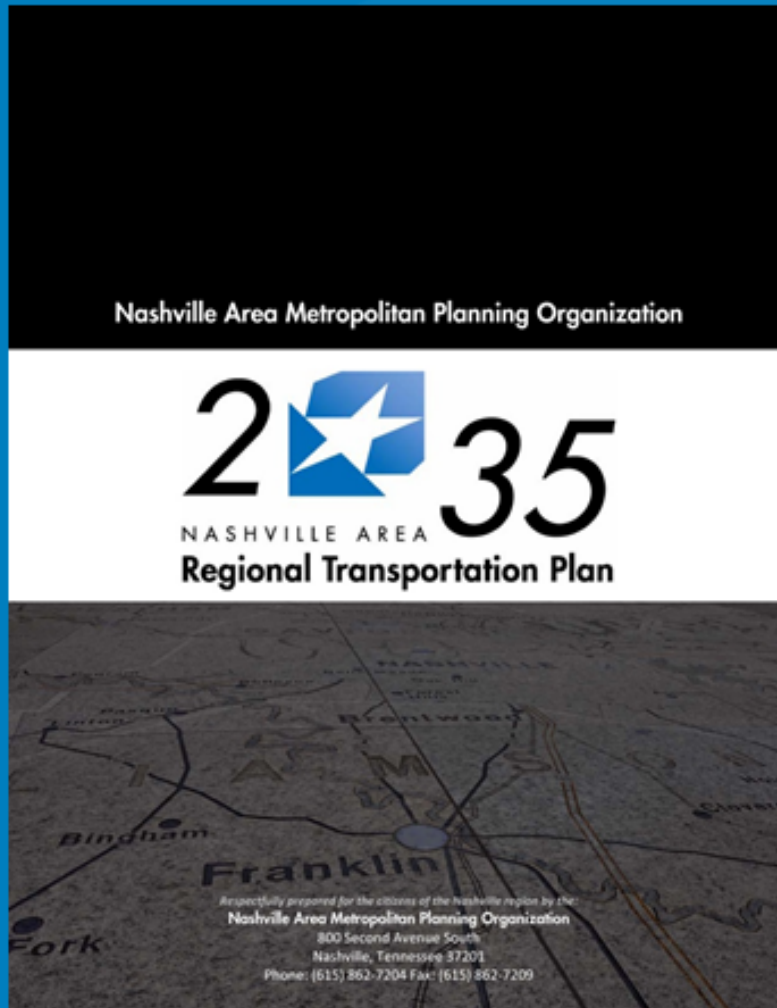
Success:

Funding Active Transportation

MPO's Urban STP Investment Strategy

- ➔ 15% minimum investment in Active Transportation & Walkable Communities
 - Sidewalks, bicycle lanes, greenways, transit stops, and education
- ➔ 10% minimum flexed to Transit
 - Combined with Federal Transit Administration funds to help implement regional vision for mass transit
- ➔ 5% Intelligent Transportation Systems
 - Using technology to manage traffic

Campaign: Public Opinions



#1

A Bold, New Vision
for Mass Transit

#2

Support for
Active Transportation
& Walkable Communities

#3

Preservation &
Enhancement of
Strategic Roadways

Partners:



Lessons Learned: Middle Tennessee Transportation and Health Study

Transportation, Physical Activity and Health Data Collection and Analysis

Middle Tennessee Transportation and Health Study

Welcome | About the Study | Invited to Join? | Report Travel | FAQs | Materials | Contact Us

Step 1
Invited to join? Complete Household Questionnaire
[Start Here](#)

Step 2
Record your travel day using your travel diary
[Learn More...](#)

After your travel diary report your travel diary
[Report Travel](#)

If selected, complete Health Survey.
[Take Health Survey](#)

Welcome! The Middle Tennessee Transportation and Health Study is sponsored by the

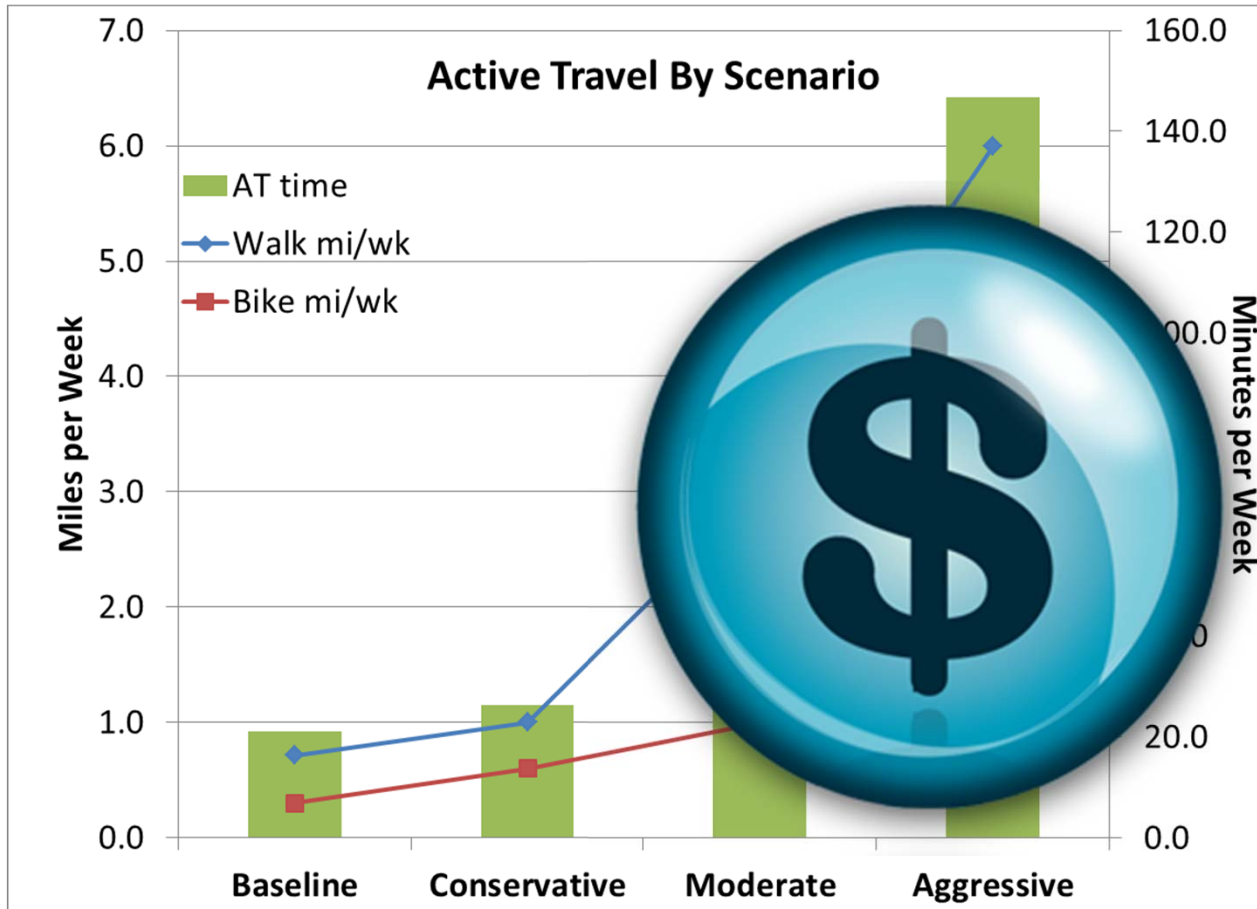
Legend

High Health Risk Areas

- Average
- Higher than Average



What's Next: Integrated Transport and Health Impact Model



- Cancers
- Cardiovascular Diseases
- Respiratory Diseases
- Crashes

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Livability. Sustainability. Prosperity. Diversity.